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Ben Berman, Halifax Photo: Robyn Berman

INSPIRING CHANGE AT CMHR **BEN BERMAN** 

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# FOR HUMAN RIGHTS

Who can make a difference in the world?

After visiting the Canadian Museum for Human Rights (the Museum), Ben Berman realized – the answer is anyone.

The 14-year-old from Halifax, Nova Scotia, visited the Museum through The Asper Foundation Human Rights and Holocaust Studies Program and said learning stories about everyday people made him realize anybody can take action and create change.

"You don't have to be a rich billionaire to make a difference, it can be anyone," Ben said. "It's really inspiring."

Many of the stories featured in the Museum were about things Ben had heard of, but didn't feel an immediate connection to.

"It definitely changed my perspective," he said. "I knew what poverty was, and I knew about loss of human rights, but I didn't really know the details. But after visiting the Museum, I thought 'WOW," I can't believe I knew about it but I didn't do anything."

Ben said he feels that it's important for people to learn the stories told in the Museum so they can be motivated to make a difference. He explained that while it always feels good to volunteer or donate to a charity or cause, it feels even better when you know who will be affected and how.

"If you're educated (about human rights) you'll know the impact that they're making," he said. "The Museum puts it right in front of you."

Ben said he hopes to return to Winnipeg one day and bring along some friends and family to visit the Museum.

"I feel like I should educate my friends and family, all the stuff I learned on the trip so they can help me make a difference," he said.

Your support can help educate and inspire more students like Ben. Please donate today by visiting friendsofcmhr.com, or calling 204.289.2003 or 1.866.828.9209

If you would like further information on donating, please contact the Regional Campaign Manager for your area:

### ALBERTA/BC

Alice Ogston aogston@friendsofcmhr.com 403.474.0157

### MANITOBA/SASKATCHEWAN

Friends of Canadian Museum for Human Rights office Steve Nash | Nuala Nazarko | Priyanka Singh info@friendsofcmhr.com or 204.289.2002

## **ONTARIO**

Lynda Henriksen lhenriksen@friendsofcmhr.com 416.369.4625